

Archived by Wheathampstead
History Society from the website
compiled by the late Brian Joyce.

wheathampstead
.net

Regular Activities

NB This list was last updated in 2016. It is a historic snapshot. Some of the organisations no longer exist and the links to websites are not functional.

Please do not try to use this information to contact an organisation.

Updated 09-Jun-2016

General

Wine Club. At the Memorial Hall at 8:00pm. *Last Wednesday each month*

Horticultural Club. At the Memorial Hall at 8:00pm *First Wednesday each month*

Internet Café Contact the **library** in the Memorial Hall for more information

Citizens Advice Bureau 10.00am – Noon. Ring 01727 811118 for appointment or just drop in. *Every Thursday*
At the Memorial Hall

Parish Council Meeting. At the Memorial Hall 7:30pm. - Open to the public. *Last Thursday each month*

Babies. Children & Youths

Outdoor Child Nursery and Holiday Provision - at St Peter's Church, Lower Gustard Wood. Nursery Sessions for children age 2 - 6 (9:30 - 3:30 Wednesday and Friday). Holiday sessions for children age 2 – 12 (Monday - Friday). We also offer parties in the woods Katerina and Karolina Tel: 01582 855 054 theden@outdoor-child.com

'Dinky Dancers' - Dance, PE, Music and Action Classes. Boys and Girls aged Rising 2-4 years. 'Ofsted' outstanding! Great value classes for you and your child at Hillydye Community Centre Friday mornings at 10.15am. Come along and join in the fun! Develop your child's physical, creative and social skills. Make new friends and have a brilliant time with us each week as we go on an exciting action adventure. Lorry Edwards 01438 831281 or classes@dinkydancers.com

'The Ark' - Baby and toddler group. *Wednesday mornings* 9:30 -11:00 am, in term time, - at St Helen's Church with Beth and Tania

'Petits Chanteurs' : A fun Music and French Class for pre-school children, with singing, story-telling & instruments.
Please visit our website for more details: www.petitschanteurs.wordpress.com or contact Anna Park at annapark@ntlworld.com



1st Wheathampstead Rainbows - For girls aged 5-7. Meeting weekly during term time on a Monday 1715 to 1815 at the Scout Hut, Mead Lane, Wheathampstead. For further details please contact Vicky Baker, 07784 160105. Email: vkbaker@hotmail.com "

Lamer Fields Children's Centre [web site](#)

Dancefunk - A unique dance school offering funky fantastic fun dance classes for children aged 3-11. New dancers are very welcome to try out our classes and we would love for you to join. All teachers are fully insured, CRB checked, experienced and qualified. At the *Memorial Hall*

website: www.dancefunk.vpweb.co.uk Tel: 07956 550573 Penny.

Wheathampstead After School Play Scheme (WASPS). . After school activity club for 5-12 year olds. Beech Hyde Nursery, Nurseries Rd. 3:15 to 6:15pm *Every week - Mon to Fri , term-time only*

Wheathampstead Playgroup - 8:40 am - 3:10pm. At Wheathampstead Playgroup. Nurseries Road. Open to 2-4 year olds, Mon. Tues. Wed. Thur. & Fri (term time).
Website www.wheathampsteadplaygroup.org
Call 01582 833126 for details, or email manager@wheathampsteadplaygroup.org



Amwell Scouts, 7.30pm – 9.00pm at the scout hut. *Every Monday*

Lamer Scouts 7.30pm – 9.00pm Scout Hut *Every Friday*

Explorer Scouts 7:00pm - 9:00pm Scout Hut. *Every Thursday*

Beaver Colony. 5.15pm - 6.15pm at the Scout Hut. *Every Wednesday*

Delaport Cub Pack. 6:30pm to 8:00pm at the Scout Hut. *Every Wednesday*

Mead Cubs 6.30pm – 8.00pm at the scout Hut. *Every Tuesday*

Mother & Toddler Group. Structured craft sessions, music, free-play. £1.50 Adult and one child (50p each extra child). 9:45 to 11:30am at the Memorial Hall during term time. *Every Friday*

Tots Time. 10:30am to 11:30am at St Helen's Church. *Every Thursday*

Fitness, Sport & Health

Pilates. Tuesday afternoons 2.00pm, 3.00pm and 4.00pm. Memorial hall. *Every Tuesday - (No classes in August)*

Alzheimer's Society Singing for the Brain *Every Monday* 10.30am-12.00noon. In Wheathampstead Memorial Hall. A singing group for people with dementia accompanied by a family member or carer. Please ring Kerry Brabant to book a place on 07889 603944

Fun, friendly, feel it to the core **Zumba Fitness** class. Super fat burning, fitness for all. *Every Tuesday* at Beech Hyde School 7.30-8.30pm. Times vary in school Holidays. For more info call Ali 07843 449001.



Zumba Class - Wednesday 9.30-10.30am Hill Dyke Community Centre.
Helen Killner 07971 000562



Total Body Conditioning. Every Thursday at 20.00 in Mead Hall, East Lane. Burn calorie and shape up with this all body workout. For more details call Marta on 07769 661177

Busy Mums outdoor fitness. On Wednesdays at 9.20 a.m. (1hr) outdoor fitness in the park. We meet by the Library. Marford Road, Wheathampstead. Cost £ 5. For more info contact Marta 07769 661177 or email pushmefit.herts@gmail.com

New Pilates class on Fridays at 1.30p.m. in Mead Hall, East Lane. Improve posture, muscle tone , balance and mobility as well as relieve stress. For more information call Marta 07769 661177 or email on pushmefit.herts@gmail.com

Nordic Walking at Heartwood Forest [Details](#)

Fantastic Zumba class for all adults. Great for losing weight, keeping fit and having fun. Come and join the party. *Monday evenings* at the Memorial Hall, Wheathampstead 7:30 - 8:30.
Tuesday mornings at Hillydyke Community Centre, Wheathampstead. 10am - 11am
For details: ring 07956 550573 Penny.

Gentle yoga at the Mead Hall. 10.30-11.45am. We'll do some gentle postures and everyone works within their own limits - with the body you've got today, not the body you wish you had. Visit www.shantayoga.co.uk for details. *Every Monday*

Yoga at the Memorial Hall Beginners 6.30pm – 7.30pm; Mixed Ability 7.45pm – 9.15pm. *Every Tuesday*

Yoga Class. 2:00pm to 3:00pm at the Mead Hall. *Every Thursday*

The Fitness League. 9:45 to 12:00noon at the Memorial Hall. *Every Tuesday*

Extend. 10:00am to 12:00 noon at the Memorial Hall. *Every Wednesday*

Wheathampstead Tennis Club: 6.30pm - 8.30pm - Adult Social Tennis *Every Wednesday*

Wheathampstead Tennis Club. 10:00am to Noon - Ladies social morning *Every Thursday*

Pilates. Tuesday afternoons 2.00pm, 3.00pm and 4.00pm. Memorial hall. *Every Tuesday*

Craft & Hobbies

Wheathampstead Community Choir. 1.15 to 2.45pm *Mondays* - Mead Hall. All welcome, no auditions!

Meadcraft Workshop. Embroidery, Tapestry, Knitting, Crochet etc. Memorial Hall (Green Room) 10:30 - 12:30. *1st Tuesday of each month and 3rd Tuesday of each month*

Mead Quilters - 8.00pm – Mead Hall. *3rd Tuesday of each month*

Mead Quilters - 10.00m – Mead Hall *First Thursday each month*

Herts & Middx Trust Badger Group. Mead Hall 8pm. *1st Tuesday of each month*

Other groups

Amwell Local Fundraisers - Regular **Bingo** sessions at the Mead Hall, 7pm start. *Last Tuesday of the month*

Senior Social Club. 2:00 to 4:00pm at the Memorial Hall. *Every Monday*

Recreation for the retired. Memorial Hall 2:00 to 4:00pm. All welcome (table-tennis, bowls, scrabble and lots more). *Every Friday*

Wheathampstead Thursday Club for disabled people. 10.00am to 2:00pm at the Mead Hall. *Every Thursday*

W.I. Coffee Morning. Home made cakes, pies, and produce. 10:30am to 11:30am at the Mead Hall. *Every Friday*

Much of this information has been derived, with thanks, from the Village Diary compiled by **Manor Pharmacy**